

SLAA SYDNEY 2020 CONVENTION

Day 2 / Stream 2 / 1.00 – 2.00 Men's Meeting

NOTE TO SPEAKERS

There is no H.O.W. SLAA sobriety requirement for attendees to share at today's session and it is at the discretion of the Speakers as to who is invited to share.

Speaker 1: Welcome to this men's SLAA meeting.

My name is ____ and I am a sex and love addict. I am a guest speaker for this meeting.

Speaker 2 My name is ____ and I am a sex and love addict. I am a guest speaker for this meeting.

Speaker 1: Would you please join us in the serenity prayer:

**God, grant me the serenity,
To accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.**

Speaker 2: In accordance with our 3rd tradition the only requirement for membership is a desire to stop living out a pattern of sex and love addiction. All SLAA members are welcome.

Speaker 1: This is an open meeting of Sex and Love Addicts anonymous. SLAA is very protective of the anonymity of its members. Accordingly, meetings are normally closed to outsiders and those who are merely curious. However, anyone who fears that they may have this problem will be welcome, as long as the anonymity of those attending the meeting is respected. Please refrain from taking notes or recording the meeting in any way and please silence mobile phones.

Speaker 2: Sex and Love Addicts Anonymous is a Twelve Step, Twelve Tradition-oriented fellowship based on the model pioneered by Alcoholics Anonymous. The only qualification for SLAA membership is a desire to stop living out a pattern of sex and love addiction. SLAA is supported entirely through the contributions of its membership and is free to all who need it. To counter the destructive consequences of sex and love addiction, we draw on five major resources:

1. Sobriety. Our willingness to stop acting out in our own personal bottom-line addictive behaviour on a daily basis.

2. Sponsorship & Meetings. Our capacity to reach out for the supportive fellowship within SLAA.

3. Steps. Our practice of the Twelve Step program of recovery to achieve sexual and emotional sobriety.

4. Service. Our giving back to the SLAA community what we continue to freely receive.

5. Spirituality. Our developing a relationship with a Power greater than ourselves which can guide and sustain us in recovery.

Speaker 1: As a fellowship SLAA has no opinion on outside issues and seeks no controversy. SLAA is not affiliated with any other organisations, movements or causes, either religious or secular. We are, however, united in a common focus: dealing with our addictive sexual and emotional behaviour. We find a common denominator in our obsessive/compulsive patterns, which transcends any personal differences of sexual orientation or gender identity. We need protect with special care the anonymity of every SLAA member. Additionally we try to avoid drawing undue attention to SLAA from the public media.

Speaker 2: Will someone please act as timer? Thank you.

This is when the guest Speakers will share for ten minutes each. We will share our experience, strength and hope in this program and tell you what we were like, what happened to change us and what we are like now, with a focus on healthy relationships.

[Speaker 1 shares for 10 mins]

Speaker 1: I'll now ask [Speaker 2] to share

[Speaker 2 shares for 10 mins]

Speaker 2: We will now call speakers to share on the topic of this meeting for 3 minutes with an additional 1 minute to wind up. A share may describe an experience that has helped us grow or given us a new level of awareness. We ask speakers to focus on their experience, strength and hope in this programme.

[Call on attendees to share]

At 1.55pm

**5 mins
before end of
session**

Speaker 1. We wish to thank those who shared today and those who shared by listening. Please remember our cherished tradition of anonymity. What you see and what you hear here, when you leave here let it stay here. We will now finish with a reading of the Promises.

[The 2 guest speakers take it in turn to read the 12 Promises]

The 12 Promises

1. We will regain control of our lives.

We will begin to feel dignity and respect for ourselves.

2. The loneliness will subside and we will begin to enjoy being alone.

We will no longer be plagued by an unceasing sense of longing.

3. In the company of family and friends, we will be with them in body and mind.

We will pursue interests and activities that we desire for ourselves.

4. Love will be a committed, thoughtful decision rather than a feeling by which we are overwhelmed.

We will Love and Accept ourselves.

5. We will relate to others from a state of wholeness.

We will extend ourselves to nurture our own spiritual growth and that of others.

6. We will make peace with our past and make amends to those we have harmed.

We will be thankful for what has been given us, what has been taken away and what has been left behind.

Speaker 2: The opinions expressed here today are by those who shared and are not those of SLAA as a whole. Thank you for allowing us to be your Guest Speakers for this session.

Speaker 1: Would everyone who cares to please join us in the closing 3rd Step Prayer.

TO THE GOD OF MY UNDERSTANDING:

**God, I offer myself to You,
to build with me
and to do with me
as You will.**

**Relieve me of the bondage of self,
that I may better do Your will.**

**Take away my difficulties,
that victory over them
may bear witness to those**

**I would help
of Your Power,**

**Your Love,
and Your Way of life.**

May I do Your will always!

Speaker 2: We are now taking a 15 minute break, at 2:15pm the Sponsorship workshop will commence on stream 1, and the workshop on "How on earth can I make 4 calls a day" starts on stream 2.